



— RÉSEAU SANTÉ —
EDGEWOOD
— HEALTH NETWORK —
INC.

Addiction in Montreal:
For Immediate Release

I am writing on behalf of the Edgewood Health Network (EHN) and our first bilingual outpatient addiction treatment clinic, EHN Montreal. With residential treatment facilities and outpatient clinics across Canada, the Edgewood Health Network is the country's leading addiction and mental health treatment provider.

Here are some sobering facts:

- **In 2012, a total of 2.8 million Canadians aged 15 and older, or 10.1%, reported symptoms consistent with at least one of the following mental or substance use disorders: major depressive episode, bipolar disorder, generalized anxiety disorder, and abuse of or dependence on alcohol, cannabis or other drugs.**
- **In any given year, 1 in 5 Canadians (21% or 4.5 million individuals) experiences a mental health or addiction problem.**
- **In Montreal, approximately 8% of the population struggle with substance abuse. That is over 130,000 in the city alone.**

EHN Montreal provides outpatient treatment in a fully bilingual setting that serves both the Francophone and the Anglophone populations. Services include assessments, individual counselling, group therapy, drug monitoring, family programs and an Intensive Outpatient Program. Serving as a triage team, clients are assessed and directed to the proper level of care according to the severity of their disorder.

If you are working on any stories about addiction, mental health or recovery, we would be happy to connect you with experienced counsellors, psychologists or men and women in long-term recovery. Please don't hesitate to contact us.

Thank you,

Rochelle Hildebrand
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