



# OUTCOMES AT EHN EDGEWOOD ROCKIES



Patients choose EHN Edgewood Rockies because our results reflect what matters most: clinically validated treatment, structured programs, and measurable improvements.

Measurement-based care (MBC) helps our team ensure treatment is having a positive impact. By using standardized, validated clinical assessment tools throughout treatment, we can better understand patient needs and track progress. Responses are reviewed by counsellors, allowing them to examine the characteristics that may predict patient success and decide on the best approaches to treatment and Aftercare.

## MORE ABOUT THIS FACILITY

EHN Edgewood Rockies offers private, specialized addiction and mental health treatment in the heart of the Rocky Mountains.

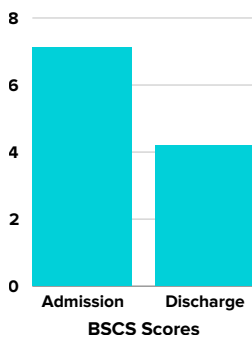
EHN Edgewood Rockies combines world-class clinical care with the healing power of nature. As a private, medically supervised rehab centre in B.C., we offer personalized treatment for addiction and concurrent mental health disorders in a peaceful, natural setting.

## ADDICTION SYMPTOMS

After treatment, cravings for substances improved by 41.9% and dependence on substances improved by 83.1%.

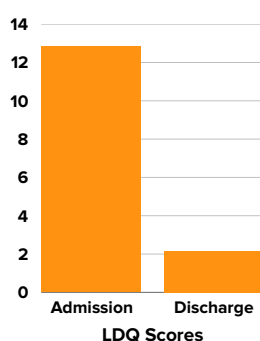
### Substance Cravings

▼ 41.90%



### Substance Dependence

▼ 83.09%



On average, patients began treatment with mild depression. Following treatment, 79% of patients had no/minimal or mild symptoms of depression. Anxiety followed a similar trend, being most commonly mild at admission and improving by 30% at discharge.

PTSD symptoms also improved. Upon admission, the average score was above the cutoff for possible PTSD, and with scores improving by 37%, the average score by the end of treatment no longer met the possible PTSD cutoff.

These improvements were greater than the majority of similar programs in Canada and the U.S.

These are clinically meaningful changes, meaning that they are genuine, not due to randomness or error.

91% of patients reported a positive experience



79% of patients had none-mild depression symptoms

