



OUTCOMES AT EHN ONLINE

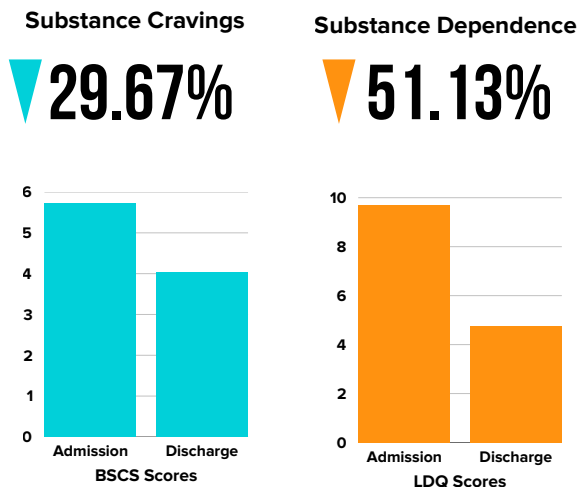


Patients choose EHN Online because our results reflect what matters most: clinically validated treatment, structured programs, and measurable improvements.

Measurement-based care (MBC) helps our team ensure treatment is having a positive impact. By using standardized, validated clinical assessment tools throughout treatment, we can better understand patient needs and track progress. Responses are reviewed by counsellors, allowing them to examine the characteristics that may predict patient success and decide on the best approaches to treatment and Aftercare.

ADDICTION SYMPTOMS

After treatment for substance use disorders, cravings for substances improved by 29.7% and dependence on substances improved by 51.1%.



MORE ABOUT EHN ONLINE

EHN Online brings EHN Canada's trusted, measurement-based care to a secure, virtual platform accessible anywhere in Canada. Our expert clinicians provide the same quality treatment offered at our inpatient treatment programs through live, therapist-led sessions designed for connection, accountability, and real results.

With flexible scheduling, Aftercare programming, and proven outcomes, EHN Online makes effective mental health and addiction treatment possible from the comfort of home.

On average, patients started treatment with mild depression. Following treatment, scores had improved by 26%. Anxiety followed a similar trend: being most commonly mild at admission and had improved by 30% at discharge.

PTSD symptoms also improved. Upon admission to treatment, the average score was above the cutoff for possible PTSD (33+ with the average score of 39.70). Following treatment, the average score was no longer above the cutoff (25.50).

These are clinically meaningful changes, meaning that improvements are genuine, not due to randomness or error.

All patients complete a questionnaire at treatment completion asking for their feedback on EHN Online. Most patients (91%) reported that their overall experience in their Virtual Intensive Therapy Program for substance use disorder was positive. This means that patients found treatment to be high quality, help them deal with personal challenges more effectively, and worthy of recommending to a friend.

91% of patients reported a positive experience.

